

# RENEW MY HEART

## 21 Days of Renewal: Drawing Close to God

*“Be transformed by the renewing of your mind.” — Romans 12:2*

### Purpose of This Journey

These 21 days are about more than reading Scripture—they are about **letting God reshape how we think, feel, and live** so that we draw closer to Him.

**Key Idea:** God doesn't just change behavior—He **renews the heart by renewing the mind**, and that draws us into deeper relationship with Him.

### WEEK 1: AWAKENING THE HEART (Days 1–7)

*Theme: Becoming aware of our need for renewal*

#### Day 1: A New Beginning

**Scripture:** Psalm 51:10 **Renewal Truth:** God can give you a new heart. **Reflection:**

Where do I need a clean heart today? **Prayer:** “Create in me a clean heart, O God.”

**Action:** Start a journal—write what you want God to renew.

#### Day 2: God Sees the Heart

**Scripture:** 1 Samuel 16:7 **Truth:** God focuses on who you are becoming, not just what you do. **Reflection:** What am I hiding from God? **Action:** Practice honesty with God today.

#### Day 3: Guard Your Heart

**Scripture:** Proverbs 4:23 **Truth:** Your life flows from your inner world. **Reflection:** What is shaping my thinking daily? **Action:** Remove one negative input (social media, etc.).

#### Day 4: The Problem Within

**Scripture:** Jeremiah 17:9 **Truth:** We cannot fix ourselves—God must transform us.

**Reflection:** Where have I trusted myself instead of God? **Action:** Surrender control in one area.

#### Day 5: God Draws Near

**Scripture:** James 4:8 **Truth:** When you move toward God, He moves toward you.

**Reflection:** What is keeping me distant? **Action:** Spend 5 extra quiet minutes with God.

### **Day 6: Hunger for God**

**Scripture:** Matthew 5:6 **Truth:** Spiritual hunger leads to satisfaction. **Reflection:** Do I desire God or just His help? **Action:** Fast from something today.

### **Day 7: A Willing Heart**

**Scripture:** Isaiah 6:8 **Truth:** Renewal begins with surrender. **Reflection:** Am I available to God? **Action:** Say, "Here I am, Lord."

## **WEEK 2: RENEWING THE MIND (Days 8–14)**

*Theme: Replacing lies with God's truth*

### **Day 8: Transformation Begins**

**Scripture:** Romans 12:2 **Truth:** Change your thinking → change your life. **Reflection:** What pattern of this world am I following? **Action:** Identify one lie you believe.

### **Day 9: Taking Thoughts Captive**

**Scripture:** 2 Corinthians 10:5 **Truth:** You don't have to believe every thought. **Reflection:** What thoughts need to be challenged? **Action:** Replace one negative thought with truth.

### **Day 10: Thinking God's Way**

**Scripture:** Isaiah 55:8–9 **Truth:** God's perspective is higher than yours. **Reflection:** Where do I need God's perspective? **Action:** Pause before reacting today.

### **Day 11: Set Your Mind**

**Scripture:** Colossians 3:2 **Truth:** Focus determines direction. **Reflection:** What dominates my thinking? **Action:** Fix your thoughts on Christ today.

### **Day 12: Peace Through the Mind**

**Scripture:** Philippians 4:8 **Truth:** What you think about shapes your peace. **Reflection:** Are my thoughts pure and life-giving? **Action:** Make a gratitude list.

### **Day 13: The Word Renews Us**

**Scripture:** Psalm 119:11 **Truth:** Scripture rewires your thinking. **Reflection:** Am I filling my mind with God's Word? **Action:** Memorize one verse.

### **Day 14: Led by the Spirit**

**Scripture:** Romans 8:5–6 **Truth:** The Spirit leads your thinking toward life. **Reflection:** Am I led by flesh or Spirit? **Action:** Ask the Spirit to guide your decisions.

## **WEEK 3: DRAWING CLOSE TO GOD (Days 15–21)**

*Theme: Living from a renewed heart*

### **Day 15: Abide in Christ**

**Scripture:** John 15:4 **Truth:** Staying close to Jesus produces fruit. **Reflection:** Am I connected or drifting? **Action:** Spend intentional time with Jesus.

### **Day 16: God Changes Desires**

**Scripture:** Ezekiel 36:26 **Truth:** God gives new desires, not just new rules. **Reflection:** What desires need to change? **Action:** Ask God for new desires.

### **Day 17: Trusting God Fully**

**Scripture:** Proverbs 3:5–6 **Truth:** Trust leads to direction. **Reflection:** Where am I leaning on myself? **Action:** Trust God in one decision.

### **Day 18: God's Presence**

**Scripture:** Psalm 16:11 **Truth:** Joy is found in God's presence. **Reflection:** Where do I seek joy? **Action:** Worship today.

### **Day 19: A Changed Life**

**Scripture:** Galatians 5:22–23 **Truth:** A renewed heart produces visible fruit. **Reflection:** What fruit is growing in me? **Action:** Practice one fruit intentionally.

### **Day 20: Living for God**

**Scripture:** 2 Corinthians 5:15 **Truth:** You no longer live for yourself. **Reflection:** Who am I living for? **Action:** Serve someone today.

### **Day 21: Renewed and Sent**

**Scripture:** Matthew 28:19–20 **Truth:** Renewal leads to mission. **Reflection:** Who can I impact? **Action:** Share what God has done in you.

## **CLOSING ENCOURAGEMENT (For Day 21 or Final Gathering)**

“God didn't just inform your mind—He is transforming your life.”

This 21-day journey is not the end—it's the beginning of a **renewed way of living:**

- Thinking differently
- Desiring differently
- Living differently
- Loving God more deeply